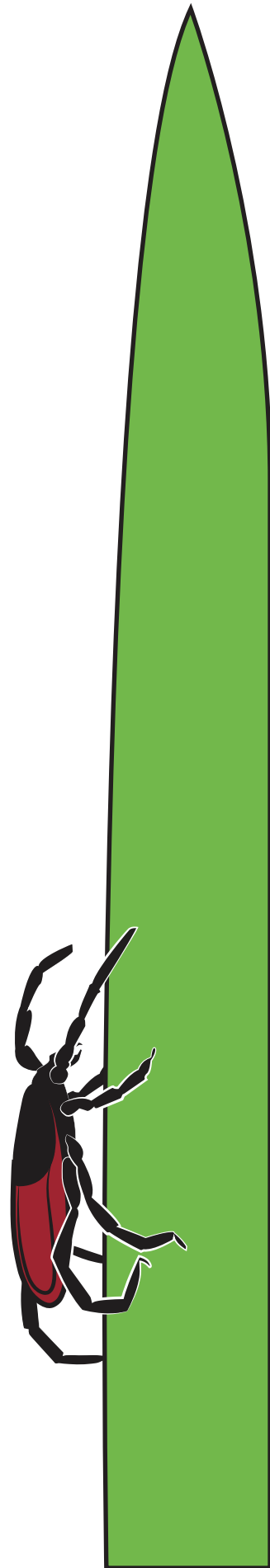


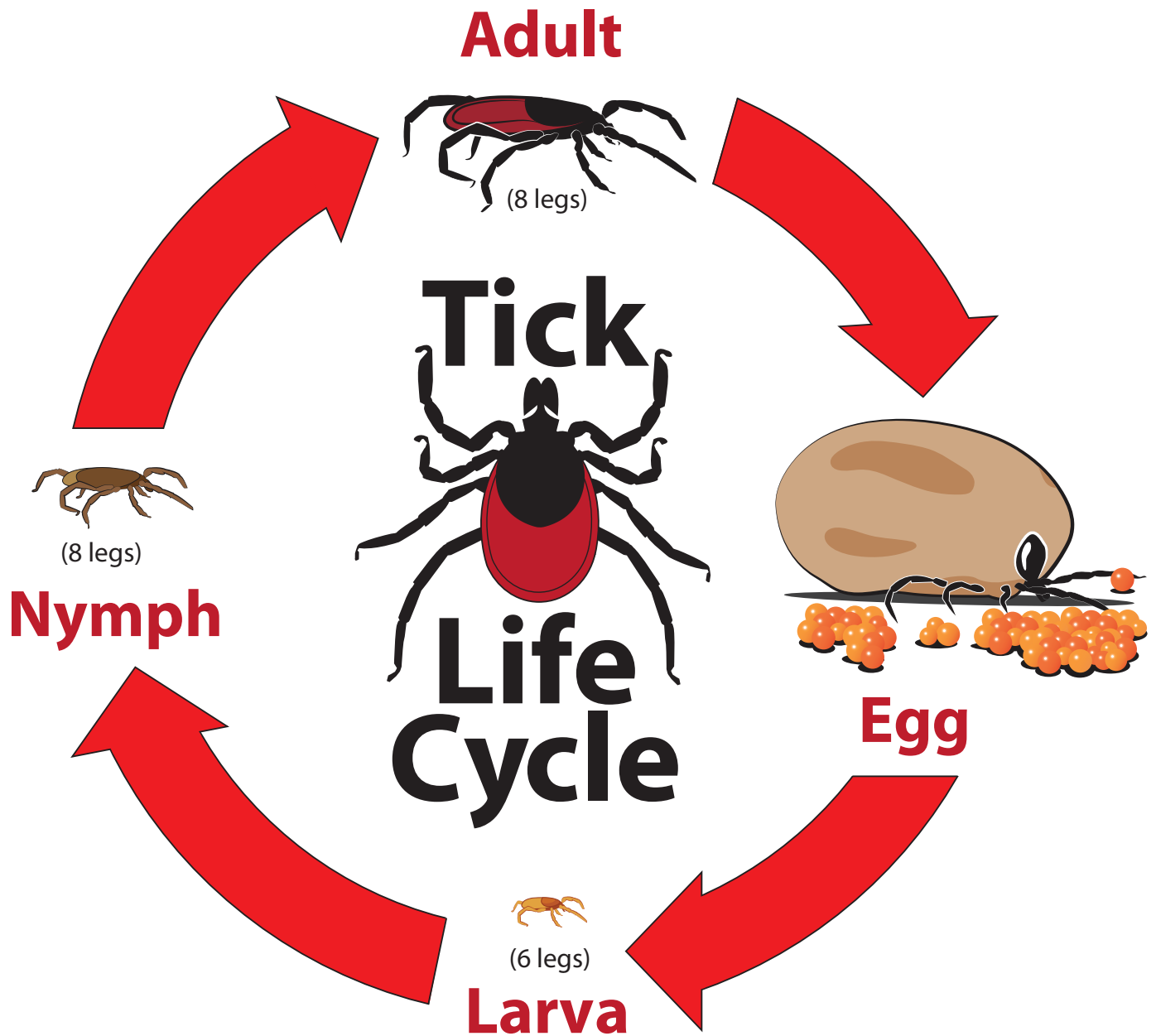
# Ticks

Activity Book



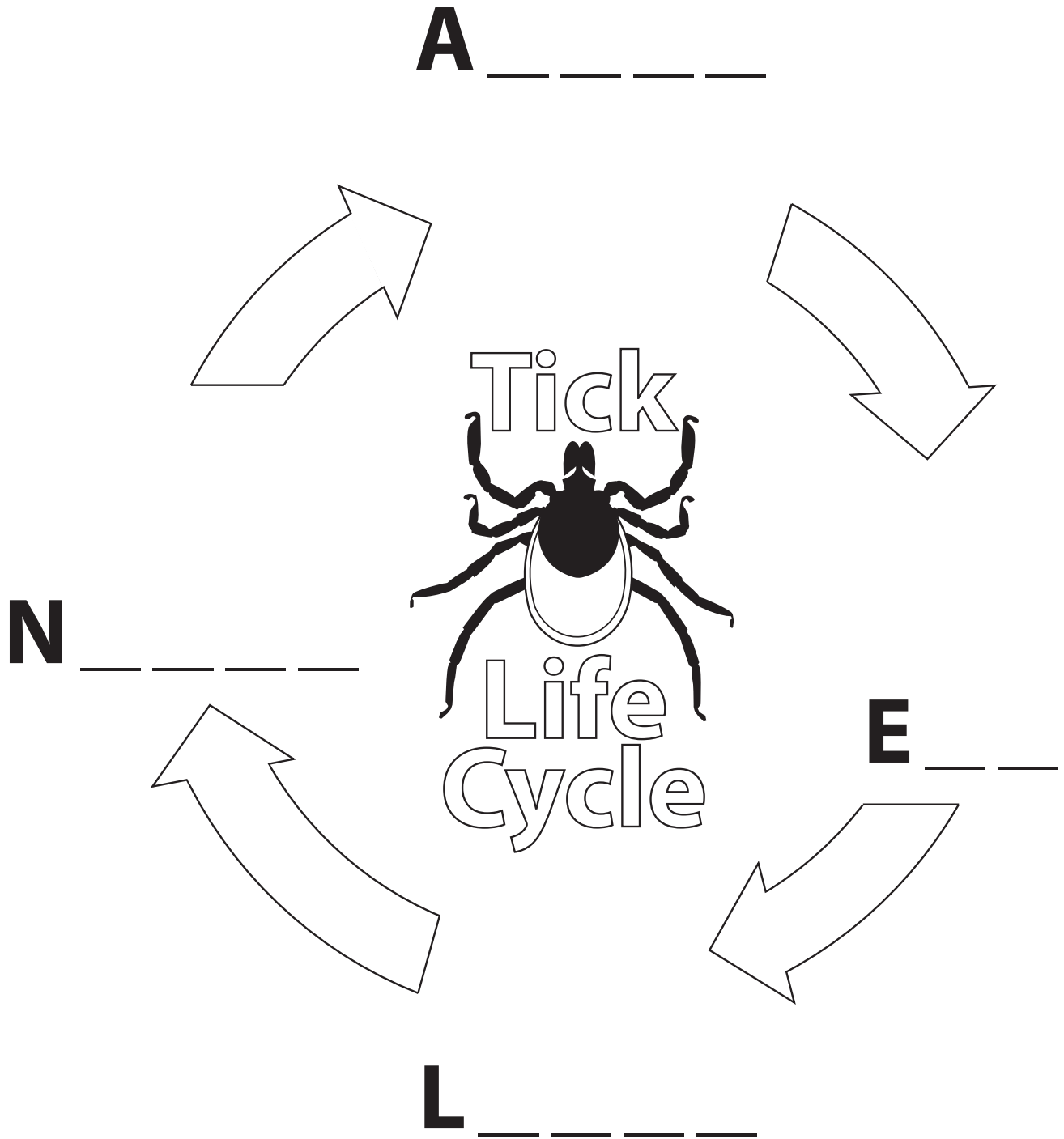
Name: \_\_\_\_\_

- Ticks are dangerous because they bite and can make people sick.



- Ticks need **blood** so they can grow and lay eggs.

Draw, color and label all four stages  
of the tick life cycle.



Make sure you put the correct number of  
legs on the ticks in your picture!

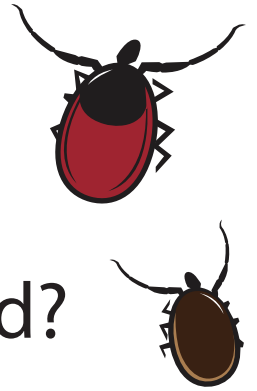
Find and circle all of the ticks



in the picture



How many **adult** ticks did you find?



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How many tiny **nymphs** did you find?



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Both adults and nymphs will bite people!

Answers: 4 adults and 1 nymph

# Tick Safety Tips

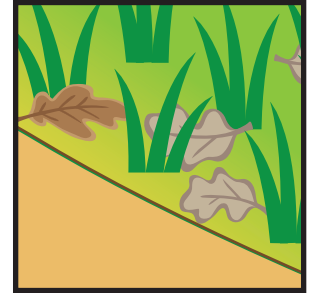
- Look at these tick safety tips with your parents before you play or hike in a place where ticks live.



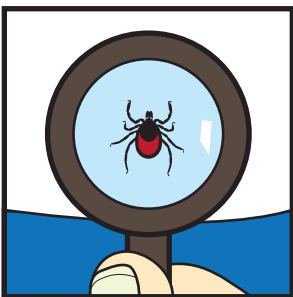
Wear light colors



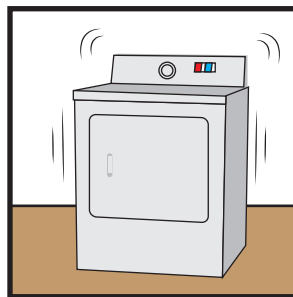
Ask a parent about tick repellent



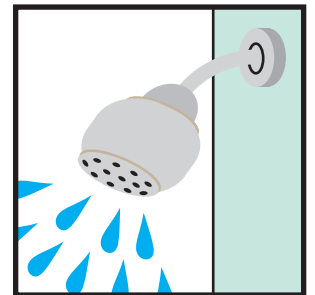
Stay in the center of trails



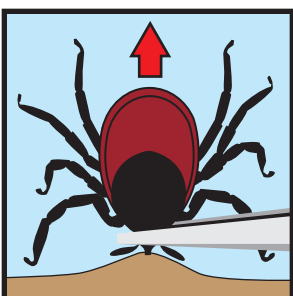
Check often for ticks



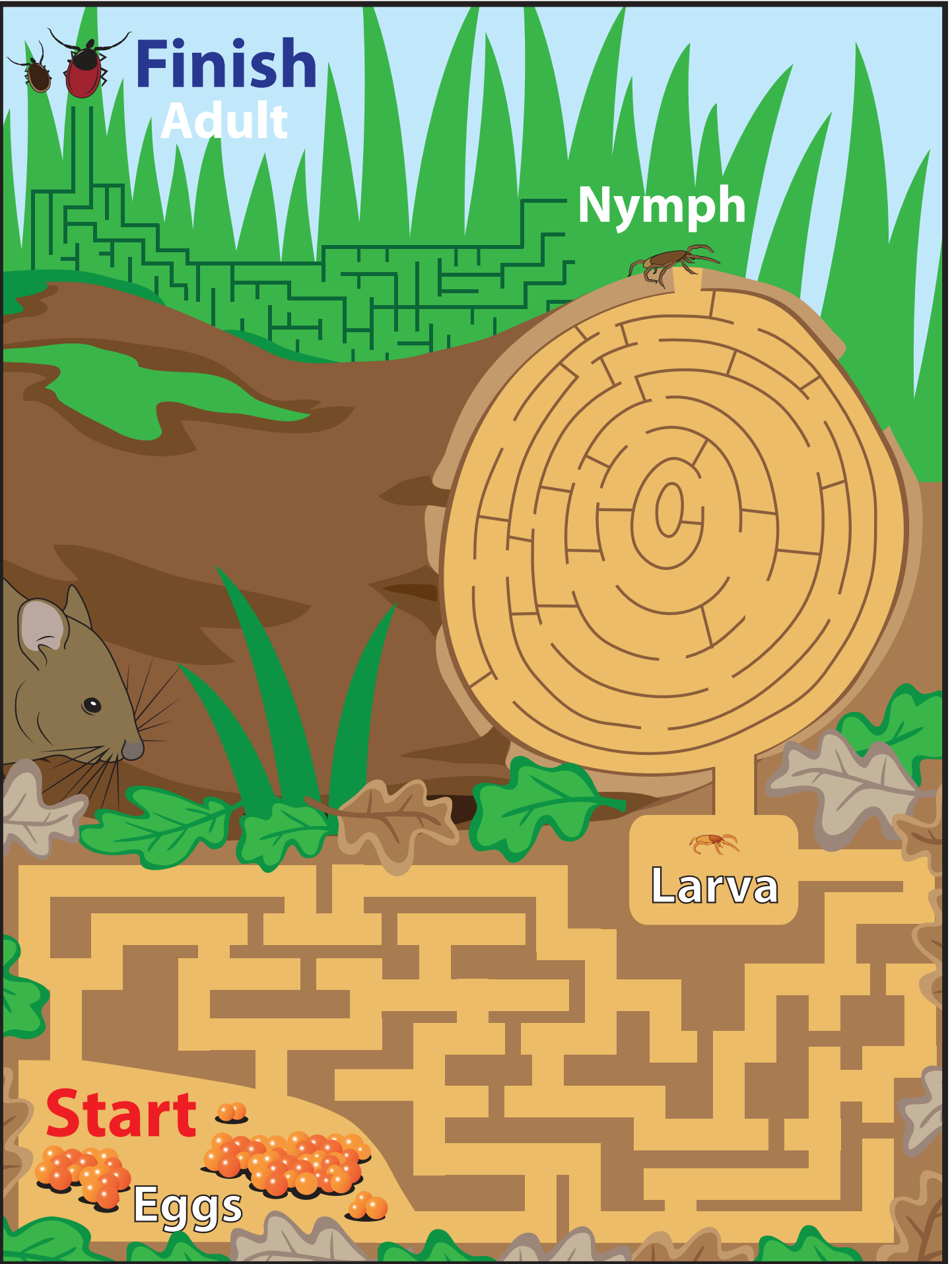
Dry clothes on high heat



Shower and check for ticks



If you are bitten by a tick, tell an adult right away! Adults can visit [www.cdc.gov/ticks/removing\\_a\\_tick.html](http://www.cdc.gov/ticks/removing_a_tick.html) to learn how to safely remove a tick.



**Finish**  
Adult

Nymph

Larva

**Start**  
Eggs

Follow a tick through its life cycle!

Dear parents,

Your child has been learning about ticks. This program teaches students to recognize habitats where ticks live and familiarizes students with the four stages of the tick life cycle. Students learn why ticks are dangerous and how they can protect themselves and their families from ticks.

Unfortunately, ticks can be more than just a nuisance. They are vectors, meaning that certain ticks have the ability to spread certain diseases such as Lyme disease and others. Please visit the Marin/Sonoma Mosquito & Vector Control District website at [www.ms mosquito.com](http://www.ms mosquito.com) for detailed information about ticks. The website also includes information related to:

- Free services available to residents of Marin and Sonoma counties
- Information about other vectors (such as mosquitoes, fleas, rats and yellowjackets)
- Information about vector-borne diseases (such as West Nile virus, Lyme disease, dog heartworm, and others)

Thank you,

Eric Engh  
Education Program Specialist  
Marin/Sonoma Mosquito & Vector Control District  
[erice@msmosquito.com](mailto:erice@msmosquito.com)



**Marin/Sonoma Mosquito & Vector Control District**  
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or visit us online at [www.ms mosquito.com](http://www.ms mosquito.com)



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